

Ardingly Rowing Club – Risk Assessment amended December 2011.

RISK	WHO IS AT RISK	LIKELIHOOD OF HARM VU/U/L/VR	SEVERITY S/M/E	RISK LEVEL	PROPOSED ACTION TO CONTROL RISK TO A TOLERABLE LEVEL
<p>Injury through lifting & moving boats</p> <p>Injuring others whilst carrying blades</p> <p>Stumbling/slipping when moving boats on ramp/pontoon Slippery surface due to bird muck/ice on pontoon/ramp</p>	<p>Rowers and Helpers</p> <p>Rowers and Helpers</p> <p>Rowers and Helpers</p>	<p>Unlikely</p> <p>Unlikely</p> <p>Likely</p>	<p>Medium</p> <p>Medium</p> <p>Medium</p>	<p>Medium</p> <p>Medium</p> <p>Medium</p>	<p>Steps made available Ensure safety instruction given as part of induction Ensure enough people for size and weight of boat Cox or coach to take charge of boat drill</p> <p>Carry spoon first & be aware of what's behind you</p> <p>Ramp/pontoon to be swept regularly First person present to scrap off any bird muck or ice – broom available to clear area Road salt available to put on ramp in frosty weather</p>
<p>Slipping off pontoon into reservoir</p>	<p>Rowers and Helpers</p>	<p>Likely</p>	<p>Slight</p>	<p>Low</p>	<p>As in shallow water, person should be able to get out very quickly before risk of hypothermia Fenders along edge to assist</p>
<p>Hitting others on pontoon Hitting large coaching launch</p>	<p>Rowers and Helpers</p>	<p>Likely</p>	<p>Medium</p>	<p>Medium</p>	<p>Awareness of others and keep close watch & listen for warning shouts, especially when turning boats</p>
<p>Incident through difficult weather or water conditions&/or strong North East wind</p>	<p>Rowers</p>	<p>Likely</p>	<p>Medium/ Extreme</p>	<p>High</p>	<p>Weather and water conditions assessed by coach Only allow competent rowers on water Launch to accompany rowers, if appropriate cancel session</p>

Ardingly Rowing Club – Risk Assessment amended December 2011.

RISK	WHO IS AT RISK	LIKELIHOOD OF HARM VU/U/L/VR	SEVERITY S/M/E	RISK LEVEL	PROPOSED ACTION TO CONTROL RISK TO A TOLERABLE LEVEL
Tripping over equipment left lying around	All	Likely	Medium	Medium	All equipment to be put away, if not being used immediately
Boats on stands or trailer being blown off by wind	All	Likely	Medium	High in strong winds	Equipment to be promptly secured onto trailer Put one end of boat on ground if high wind likely Use lower trestles if possible
Capsizing in general	Rowers	Likely	Medium	Medium – summer High - winter	<ol style="list-style-type: none"> 1) Induction talk to be attended by all 2) Stay with the boat and get as much of your body out of the water as possible 3) Extract from water asap – wrap in thermal blanket and return to pontoon for shower and change of clothes 4) Keep in sight of other rowers 5) Swimming competency test 6) Individual rowers at own risk
Junior sculls capsizing	Rowers	Likely	Medium – summer High – winter	Medium – summer High – winter	Juniors not to go beyond white posts unless accompanied by the launch Launch to be available at all times
Collisions between rowers and other reservoir users	Rowers & other reservoir users	Likely	Medium	Medium	Circulation pattern must be observed. Long course only to be used if accompanied by launch or no other users on the water All to keep a good lookout Everyone to sign in & out on board or participation list kept by coach Single scullers & bow person of crew to wear white or brightly coloured top.

Ardingly Rowing Club – Risk Assessment amended December 2011.

RISK	WHO IS AT RISK	LIKELIHOOD OF HARM VU/U/L/VR	SEVERITY S/M/E	RISK LEVEL	PROPOSED ACTION TO CONTROL RISK TO A TOLERABLE LEVEL
Poor visibility including fog	Rowers	Likely	Medium	Summer – slight Winter – medium	Coach to asses at time Opposite bank must be visible from pontoon All in water to keep sight of western bank Brightly coloured or high visibility clothing to be worn by all
Lightning	All	Likely	Medium	Low	Take all boats off water, put away Cancel session and go home Proper shelter if needed will be Activity centre building or car(s)
Hypothermia	Rowers	Likely	Medium	High	Appropriate clothing to be worn – hats in winter
Illness from ingestion of reservoir water	Rowers	Unlikely	Medium	Low	Inform rowers of risk and to not ingest water
Launch driver falling in water	Drivers and other boats	Unlikely	Medium	Medium	Buoyancy aid to be worn by all boat users Kill cord to be attached to driver Only trained drivers to use launches and to be fully equipped as per safety code inc. Yellow Rescue Bag
Swamping other boats with wash	Rowers and other boats	Medium	Medium	Medium	Care to be taken when travelling at speed
Passenger falling off launch	Passengers	Unlikely	Medium	Medium	Warn passengers before suddenly increasing speed Passenger to wear buoyancy aid
Unaccompanied rowers	Rowers	Likely	Medium	Medium	For unsupervised rowers to inform reservoir before going on water and again on departure

Ardingly Rowing Club – Risk Assessment amended December 2011.

RISK	WHO IS AT RISK	LIKELIHOOD OF HARM VU/U/L/VR	SEVERITY S/M/E	RISK LEVEL	PROPOSED ACTION TO CONTROL RISK TO A TOLERABLE LEVEL
Injury or accident due to trailer	All	Unlikely	Medium	Low	Ensure enough people to position trailer safely and secure trailer Ensure chocks available to prevent roll back when turning trailer at top of ramp
Insecure load on trailer	Other road users	Unlikely	Medium	Medium	All boats to be properly secured (large boats use three ties) and also other items in well of trailer
Incorrect weight ratios leading to snaking	Tower and other road users	Likely	Medium	Medium	Driver of towing vehicle responsible for ensuring the conforms to the law and British Rowing guidelines

MOTOR LAUNCHES POINTS TO NOTE :-

Only to be driven by trained drivers

Buoyancy aids to be worn at all times and rescue kitbag to be carried at all times

Kill cord to be operational at all times

Ensure paddles/oars are carried when out on the water

Ardingly Rowing Club – Risk Assessment amended December 2011.

<p>This section applies only when the Triathlon Club are also using the reservoir, usually Saturday mornings in the Summer</p> <p>The Triathlon Club will have exclusive use of the rowing lane between the red buoys and the western bank and up to the “beach area” which is just past the fourth red buoy. No rowers should be in this area on these occasions.</p>					
Collision between swimmers and rowers	Swimmers and rowers	Likely	Medium	Medium	Total separation to be kept between swimmers and rowers. Coaches from both Clubs to liaise each time and agree circulation pattern
Use of pontoon	Swimmers and rowers	Unlikely	Slight	Slight	Each group to use and clear before the next one uses it
Rowers coming in early whilst swimmers still out	Swimmers and rowers	Likely	Medium	Medium	Rowers to approach pontoon from Dam end if wind conditions allow and ensure no swimmers are in the water on the reservoir side of the pontoon
Tri club taking rest period and holding on to the pontoon	Swimmers and rowers	Likely	Medium	Medium	Coach to keep close watch and advise Tri club if crews coming in so that swimmers can move out of the way in time

Ardingly Rowing Club – Risk Assessment amended December 2011.

This section applies only to Low Water conditions.					
RISK	WHO IS AT RISK	LIKELIHOOD OF HARM VU/U/L/VR	SEVERITY S/M/E	RISK LEVEL	PROPOSED ACTION TO CONTROL RISK TO A TOLERABLE LEVEL
Risk of slipping on muddy ramp and approach to pontoon	Rowers and Helpers	Likely	Medium	Medium	Appropriate footwear – no flip-flops Take extra care, move cautiously and use more people when moving boats
Grounding and collision with partially submerged objects	Swimmers and launch drivers	Likely	Medium	Medium	Rowing to be in clockwise direction ensuring enough water between blades and bank to prevent capsize Launch driver to assess possible hazards at start of outing Junior crews to remain with launch until told otherwise
Additional rope floating from buoys	Launch driver	Unlikely	Low	Medium	Launch driver to observe buoys and keep well clear
Getting stuck in mud if capsized	Rowers	Unlikely	Medium	Medium	Safety launch to be on water in these conditions Anyone capsizing must be told to climb on the hull or continue swimming with the boat to avoid having to put their feet on the bottom.

Key :- VU – very unlikely, no action required , U – unlikely, no additional control, think about improvement , L – likely, need to reduce , VR – very risky, urgent action required

S – slight, M- medium, E – extreme